

## Skin Cancer Quiz

- 1) During 2003, approximately how many people in the United States are expected to get skin cancer, nationwide?
  - A. 500,000
  - B. 800,000
  - C. 1,000,000
  - D. 1,500,000
- 2) Everyone, regardless of skin color, can get skin cancer?
  - A. True
  - B. False
- 3) Eating a high-fat diet can increase one's risk for skin cancer?
  - A. True
  - B. False
- 4) Consistent use of sunscreen will completely protect a person from getting skin cancer?
  - A. True
  - B. False
- 5) Sunlight can cause the skin to eventually wrinkle?
  - A. True
  - B. False
- 6) Tanning salons can provide a tan without damaging the skin?
  - A. True
  - B. False
- 7) On average, children tend to spend more time outdoors in sunlight than adults?
  - A. True
  - B. False
- 8) There are how many major forms of skin cancer?
  - A. 2
  - B. 3
  - C. 4
  - D. 6
- 9) The most lethal form of skin cancer is?
  - A. Basal cell carcinoma
  - B. Melanoma
  - C. Squamous cell carcinoma
- 10) How many people are expected to die from melanoma in the U.S. during 2003?
  - A. Between 3,000 to 4,000
  - B. Between 7,000 to 8,000
  - C. Between 12,000 to 13,000
  - D. Over 1,000,000
- 11) From 1973 to 1994, the national melanoma rate increased by?
  - A. 10%
  - B. 46%
  - C. 83%
  - D. Over 100%
- 12) Which statement best explains why skin cancer rates are increasing?
  - A. Thinning of the stratospheric ozone layer
  - B. Increase in leisure time devoted to outdoor activities
  - C. Decrease in coverage provided by modern clothing
  - D. National population migration to sunnier states
  - E. General aging of the population
  - F. All of the above
- 13) Which single strategy offers the best protection from skin cancer?
  - A. Use of sunscreen
  - B. Avoiding contact with sunlight (staying indoors) from 10 a.m. to 4 p.m.
  - C. Wearing a large, wide-brimmed hat
  - D. Working or playing in the shade
- 14) An individual should check with a dermatologist if he or she has one or more moles that have these characteristic(s):
  - A. The size is greater than a standard-sized pencil eraser
  - B. It changes in size, color, shape, or elevation
  - C. It is non-symmetrical
  - D. It has jagged or notched edges
  - E. It bleeds
  - F. All of the above